About the Director
Amanda (Fenn) Addlesberger is the head coach and former player of the women’s tennis team here at Shippensburg University. During her tennis career at SU, she competed in more than 30 matches, including several at the PSAC Championships. During her career as a student-athlete, Addlesberger was active with the Student-Athlete Advisory Committee (SAAC) and Tau Kappa, the women’s sports fraternity at Shippensburg.

As a tennis coach, she guided an SU squad last season that won more points in PSAC divisional matches than it had in six years. Seven student-athletes finished the year with multiple singles victories during the 2011-12 season.

Shippensburg finished the spring 2014 season by competing in eight matches, including its PSAC Eastern Division contests. The Raiders opened up divisional play with a victory and totaled 14 team points in its conference matchups. The 2013-2014 season brought about 37 total wins for the season.

Addlesberger is also a certified personal fitness trainer through American Aerobic Association International (AAAI) and the International Sports Medicine Association (ISMA).

Other coaches may be added to our staff. Staff subject to change.

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Camp Schedule

CAMP CHECK-IN
Residential Camp:
1:00 PM Monday, July 27, 2015
Day Camp:
8:45 AM Monday, July 27, 2015

CAMP DISMISSAL
Residential Camp:
4:00 PM Thursday, July 30, 2015
Day Camp:
12:00 Noon daily through Thursday, July 30, 2015

Daily Camp Schedule
8:00 - 8:30 AM Breakfast for residential campers, dining hall
9:00 - 9:45 AM Dynamic flexibility training and conditioning
10:00 AM - NOON On-court drills with an emphasis on proper stroke mechanics
12:15 - 2:00 PM Break and lunch, dining hall
2:00 - 4:30 PM On-court drills and match play with an emphasis on match play tactics and strategy
Break and dinner, dining hall
4:30 - 6:30 PM Team tennis and match play
6:30 - 8:00 PM Lights out!

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REGISTER NOW!

Shippensburg University
2015 Summer Camps

Swimming Camp
Boys & Girls Ages 10 - 17
June 7 - 10

Boys Basketball Camp
Boys Ages 10 - 17
June 21 - 24

Girls Softball Camp I
Girls Ages 10 - 17
June 21 - 25

STEM: An Environmental Mystery
Boys & Girls Ages 12 - 15
June 22 - 26

Girls Basketball Camp
Girls Ages 10 - 15
June 28 - July 1

Chemistry Camp I & II
Boys & Girls Ages 8 - 10
July 6 - 10

Girls Volleyball Camp I
Girls Ages 12 - 18
July 12 - 15

Girls Softball Camp II
Girls Ages 10 - 17
July 12 - 16

Sprints & Hurdles Camp
Boys & Girls Grades 9 - 12
July 19 - 22

Cross Country Camp
Boys & Girls Grades 9 - 12
July 19 - 23

Lacrosse Camp
Girls Grades 6 - 12
July 20 - 23

Jumps Camp
Boys & Girls Grades 9 - 12
July 26 - 29

Throws Camp
Boys & Girls Grades 9 - 12
July 26 - 29

Tennis Day Camp
Boys & Girls Grades 3 - 8
July 27 - 30

Tennis Camp
Boys & Girls Grades 9 - 12
July 27 - 30

Girls Volleyball Camp II
Girls Ages 12 - 18
July 26 - 29

Field Hockey Camp
Girls Grades 9 - 12
July 26 - 30

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Residential Camp:
July 27 to 30, 2015
Boys and girls, grades 9 to 12

Day Camp:
July 27 to 30, 2015
Boys and girls, grades 3 to 8

Register NOW by calling (717) 477-1256
or visit our website at
www.ship.edu/camps
or e-mail your request to
sucamps@ship.edu.

http://www.ship.edu/Visit/Directions/

Shippensburg University is an equal opportunity educational institution. Direct requests for disability accommodations and other inquiries to the Office of Disability Services, Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.
Registration Application
2015 SU Tennis Camp

For your convenience, the Conference Office offers on-line registration, payment, and printable brochures. Check out our website at www.ship.edu/camps.

Name ____________________________
Address ____________________________
City ____________________________ Zip Code ____________________________
State ____________________________
Phone number (_____ ) ____________
E-mail ____________________________
Age ____________  Male  Female
Grade in fall of 2015 ____________________________
Parent’s name ____________________________
Daytime phone number (_____ ) ____________
School attending ____________________________
Coach’s name ____________________________
Position played ____________________________

T-shirt size:  (Youth)  Large  (Men’s)  Small  Medium  Large  Extra Large

Fees / Camp preference:
[ ] Residential Camp: July 27 - 30, 2015 $350
[ ] Resident plan (all meals included)
[ ] Commuter plan (3 lunches, 3 dinners)
[ ] Commuter plan $110

Payment Plan:
[ ] Check or money order enclosed (Please make check payable to “Shippensburg University”)
[ ] Credit card payments and e-checks will be accepted on-line at www.ship.edu/camps as part of the registration process. If paying by credit card or e-check, full payment is required at the time of registration.

Send your application and payment to:
Conference Services
Shippensburg University
1871 Old Main Drive
Shippensburg, PA  17257-2299
Phone: (717) 477-1256

General Camp Information

Register early: Space is limited to facilitate individual attention.

Housing: Campers will be housed in new suite-style residence halls. Amenities include air conditioning and a bathroom for every two campers. Two sheets, one pillowcase, and a pillow will be provided. No towels, washcloths, or blankets are provided. Bring these items with you. Coin-operated washers and dryers are available on each floor in the residence hall.

A certificate of health must be presented by each participant at the camp’s registration. A standard form will be sent upon acceptance. This form does not require a physician’s examination or signature.

Health Services: The Etter Health Center is staffed and equipped to take care of minor illnesses and injuries that may arise during your stay on campus. For some emergencies, the staff may send you directly to a local hospital.

Disability Services: Requests for accommodations, auxiliary aids, or services must be made in writing to the Office of Disability Services at least fifteen (15) days before the camp begins. The Office of Disability Services is located in Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.

Recreational facilities include: indoor swimming, indoor and outdoor basketball courts (if available), outdoor volleyball courts, tennis courts, and handball courts.

Absolutely no visitation by family members during the week unless permission is granted by the camp director. Experience has shown that the campers are more receptive to instruction and less stressed when outside adults are not present.

Application Information

Applications will be accepted up to one week prior to the start of camp. Applications submitted after that day will not be accepted. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a $75 deposit with the balance due one week prior to start of camp. An administrative fee of $75 will be deducted from all refunds. No refunds will be given after on-campus check-in. The Conference Office reserves the right to cancel any camp which has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is cancelled.

Send your application and payment to:
Conference Services
Shippensburg University
1871 Old Main Drive
Shippensburg, PA  17257-2299
Phone: (717) 477-1256

Camp Information

Day Camp
Fun and fundamentals are what the Shippensburg University Tennis Day Camp is all about! Participation, quality coaching, and having fun while playing tennis makes this camp the place children want to be this summer. Young players, beginner to advanced, are encouraged to participate in the day camp so they can improve their game. We will focus mainly on the fundamentals of ground strokes, volleys, and game play.

Overnight Camp
The Shippensburg University Tennis Camp challenges all players to improve their game through enhancement of existing skills and development of new techniques. All high school players, beginners through advanced, will benefit by participation in the overnight tennis camp. The highly qualified coaching staff will make initial evaluations of each player and then develop and implement a plan to advance that camper’s game during the course of camp.

In addition to the traditional drills that are practiced at Ship, the overnight tennis camp challenges each camper to see the fun in the game of tennis. On any given day the campers will not only play in a competitive setting, learn from the coaches, but will also have fun by doing nontraditional tennis activities (swimming, video analysis, games, etc.)

What to bring: Each camp attendee must bring 2 tennis racquets, a water bottle, and at least one pair of tennis shoes (non-marking shoes), as we do not recommend running shoes for participants. Since we will be swimming, please bring a towel, bathing suit (one piece), and goggles. A water bottle and snacks are also recommended.